



# Better health coverage starts here

Reliable, cost-effective options made to meet your employees' needs

At Mass General Brigham Health Plan, we believe better coverage means more than just care—it's about real value, every day. Our plans are built for your employees: affordable, reliable, and packed with extras that make a difference.

Meet a family of four enrolled in the Complete HMO 2500 30/55/500 with Care Complement plan and see how their benefits add up over the year. The family consists of Anna, her husband Manuel, and their two children, Julia (teen) and Luis (child).








A family of four can unlock a potential **annual value of \$1,800** in health and wellness perks.\*

Subscriber savings		Spouse savings		Teen savings		Child savings		
Anna stays on top of her health with acupuncture sessions, a fitness program, and prescription medications that help her feel her best.		Manuel relies on chiropractor visits, physical therapy, and prescription medications to help him with his recent back injury.		Julia uses her benefits for PCP sick visits and over-the-counter (OTC) medications that help her bounce back from flu season.		Luis benefits from behavioral health visits and an OTC humidifier to help with his sore throat.		
6 acupuncture visits (\$55 copay waived)	\$330	6 chiropractor visits (\$30 copay waived)	\$180	3 PCP sick visits (\$30 copay waived)	\$90	3 behavioral health visits (\$30 copay waived)	\$90	
Family fitness reimbursement	\$300	6 physical therapy visits (\$55 copay waived)	\$330	OTC antihistamines (no cost with an Rx)	\$15			
Blood pressure medication savings (Rx tier 1 \$10 copay waived for 12 months)	\$120	Prescription savings through Rx Savings Solutions	\$320	OTC nasal decongestant (no cost with an Rx)	\$10	OTC humidifier (no cost with an Rx)	\$15	
<b>Total saved</b>							<b>\$1,800</b>	



Care Complement provides access to **affordable care options** by removing cost sharing for certain services, therapies, and medications, making it easy to **deliver more value** to your employees.

Altogether, this family was able to save \$1,800 simply by using benefits already built into their plan, including over-the-counter benefits, Rx Savings Solutions, their fitness reimbursement, and Care Complement features. They also have access to a range of programs that support long-term wellbeing at no member cost, including:

-  On-demand mental health resources
-  Pregnancy, postpartum, and loss support
-  A weight management program
-  Wellness, nutrition, and sleep improvement support
-  Menopause support
-  Care Management for chronic conditions
-  At-home pelvic therapy program

Together, these benefits deliver true value by helping members save money, stay healthier, and get more from their coverage.



**Contact your broker or benefits consultant today to explore coverage options from Mass General Brigham Health Plan.**

\*\$1,800 figure is an estimated potential annual value based on a family of four utilizing the full family fitness reimbursement (\$300), estimated Rx and OTC savings, and the total value of cost-sharing waivers for 3 pediatric sick visits, 3 pediatric behavioral health visits, 6 physical therapy, 6 chiropractor, and 6 acupuncture visits specifically available on the Complete HMO 2500 30/55/500 with Care Complement plan for individuals and small groups. This amount is not a cash payment or a guarantee of savings. Actual value realized will vary significantly based on plan selection, individual healthcare needs, and program utilization. Care Complement is a benefit of the health insurance plan; wellness perks may be provided by third-party vendors.