

Good for Your Health and Your Wallet

Livongo helps you stay on top of your health. Join today and get an easy-to-use blood glucose meter, personalized guidance, on-demand coaching, an easy-to-use app, and more.

The program is offered with \$0 cost sharing to you and your eligible family members living with diabetes and is covered through Mass General Brigham Health Plan.



Advanced Technology & Unlimited Strips

Your Livongo blood glucose meter gives you a personalized tip after each check. Plus, order unlimited refills of strips and lancets straight from your meter.

Expert Health Coaching

Our expert coaches can help create a custom plan that fits your lifestyle. Get advice on blood sugar, healthy eating, exercise, weight loss, and more.

**GET
STARTED**



Register at join.livongo.com/MGBHEALTH/register or call **(800) 945-4355** with code: **MGBHEALTH**

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al (800) 945-4355 o visite bienvenido.livongo.com/MGBHEALTH