

Get fit, lose weight,
and enjoy the endorphin
rush of getting
reimbursed for it!



Our fitness and weight loss benefits help you feel good, live a healthy life, and make it easier to access the fitness facilities, programs/subscriptions and activities you enjoy.

Fitness reimbursement: Get up to \$150 for individual coverage or \$300 for family coverage

If you belong to a qualified fitness facility or engage in a qualified fitness program/subscription or activity, we'll reimburse you up to \$150 (for an individual policy) or up to \$300 (for a family policy)—just to help you feel and be your best.

Weight loss reimbursement: Get up to six months free with Jenny Craig®, WW®, or Noom®.

See details below.

Our weight loss benefit gives you a little extra motivation—and money—when you join Jenny Craig, WW, or Noom. We will reimburse you for up to six full months of membership fees for you or one of your enrolled dependents.*

Terms and conditions apply. If your plan includes a fitness and weight loss benefit, you must be a member for 3 months or longer to qualify for reimbursement.

What qualifies for a fitness reimbursement?

- Health clubs/gyms
- SplitFit
- Virtual Fitness Subscriptions
- ClassPass memberships
- Pilates
- Yoga
- Zumba®
- Aerobics
- Peloton Subscription
- Mirror Subscription
- Beachbody On Demand
- and more

How can I learn more?

More info is available on our website under Member Resources.



How do I get reimbursed?

The quickest way to submit your request is through the member portal at Member.MassGeneralBrighamHealthPlan.org or in the Health Plan app.

**The weight loss benefit does not cover food, nutritional supplements, or enrollment/registration fees.*