

Documenting Substance Use Disorder (SUD) Remission

Remission codes allow health care professionals to capture the progress made by individuals with SUDs. These codes indicate that a patient previously met criteria for a specific SUD but no longer exhibits the symptoms required for a current diagnosis. It acknowledges the positive changes in a patient's condition, indicating successful treatment and recovery.



Why It's important to accurately document a remission diagnosis

- ✓ Establishes current status and drives treatment planning
- ✓ Prevents a patient from continually being identified as an active user when they are not
- ✓ Improves quality scores by removing members in remission from the measure

Note: When Using remission codes, other SUD diagnoses **must** be removed from the active diagnosis

Remission Definitions:

The DSM-5 distinguishes between two phases of substance use disorder remission

- **Early Remission**
A client has not had any symptoms of abuse or dependence for at least three months but for less than 12 months
- **Sustained Remission**
The client has not had any symptoms except a strong desire or craving to use the substance within one year

Please refer to the following list of ICD-10 codes to document remission

Substance	Diagnosis	Description
Alcohol	F10.11	Alcohol Abuse, In Remission
	F10.21	Alcohol Dependence, In Remission
Opioids	F11.11	Opioid Abuse, In Remission
	F11.21	Opioid Dependence, In Remission
Cannabis	F12.11	Cannabis Abuse, In Remission
	F12.21	Cannabis Dependence, In Remission
Sedative/Hypnotic/ Anxiolytic	F13.11	Sedative, Hypnotic, or Anxiolytic Abuse, In Remission
	F13.21	Sedative, Hypnotic, or Anxiolytic Dependence, In Remission
Cocaine	F14.11	Cocaine Abuse, In Remission
	F14.21	Cocaine Dependence, In Remission
Other Stimulants/ Amphetamine-type	F15.11	Other Stimulant Abuse, In Remission
	F15.21	Other Stimulant Dependence, In Remission
Hallucinogen/ Phencyclidine	F16.11	Hallucinogen Abuse, In Remission
	F16.21	Hallucinogen Dependence, In Remission
Inhalants	F18.11	Inhalance Abuse, In Remission
	F18.21	Inhalance Dependence, In Remission
Other Psychotic Substances	F19.11	Other Psychoactive Substance Abuse, In Remission
	F19.21	Other Psychoactive Substance Dependence, In Remission

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