

**Nplate (romiplostim)**  
**Effective 06/30/2023**

<b>Plan</b>	<input checked="" type="checkbox"/> MassHealth UPPL <input type="checkbox"/> Commercial/Exchange	<b>Program Type</b>	<input checked="" type="checkbox"/> Prior Authorization <input type="checkbox"/> Quantity Limit <input type="checkbox"/> Step Therapy
<b>Benefit</b>	<input type="checkbox"/> Pharmacy Benefit <input checked="" type="checkbox"/> Medical Benefit		
<b>Specialty Limitations</b>	N/A		
<b>Contact Information</b>	<b>Medical and Specialty Medications</b>		
	All Plans	Phone: 877-519-1908	Fax: 855-540-3693
<b>Exceptions</b>	<b>Non-Specialty Medications</b>		
	All Plans	Phone: 800-711-4555	Fax: 844-403-1029

### Overview

Nplate® (romiplostim) is a TPO receptor agonist that is indicated for the treatment of thrombocytopenia in adult patients with chronic ITP who have been refractory to corticosteroids, immunoglobulins or splenectomy.

### Coverage Guidelines

Authorization may be reviewed on a case by case basis for members who are new to the plan currently receiving treatment with requested medication excluding when the product is obtained as samples or via manufacturer's patient assistance programs.

#### OR

Authorization may be granted for members when ONE of the following criteria are met, and documentation is provided:

1. Diagnosis of chronic, relapsed, or refractory immune thrombocytopenia (ITP)\*
  - a. Member is  $\geq 1$  year of age
  - b. **ONE** of the following:
    - i. Platelet count  $< 30,000$  cells/ $\mu$ L
    - ii. Medical necessity for platelet elevation (upcoming surgery, peptic ulcer disease or condition that may predispose member to bleeding)
  - c. **ONE** of the following:
    - i. Paid claims or physician attestation of inadequate response or adverse reaction to **ONE** or contraindication to **BOTH** of the following:
      1. corticosteroid
      2. immunoglobulin
    - ii. Member has had a splenectomy
2. Diagnosis of HS-ARS/acute exposure to myelosuppressive doses of radiation
  - a. Requested dose is 10 mcg/kg for a one-time administration

*\*Approvable diagnoses include idiopathic thrombocytopenic purpura, immune thrombocytopenic purpura, autoimmune thrombocytopenic purpura (ATP), and immune thrombocytopenia*

**Continuation of Therapy**

*HS-ARS/acute exposure to myelosuppressive doses of radiation: Nplate® is dosed as a **one-time** administration. ITP: Resubmission infers a positive response to therapy.*

**Limitations**

1. Initial approvals will be granted for 3 months.
2. Reauthorizations will be granted for 12 months.

**References**

1. Nplate® [package insert]. Thousand Oaks (CA): Amgen, Inc.; 2022 Feb.

**Review History**

Reviewed and created for P&T. Matched MH UPPL criteria to be in compliance with Masshealth unified formulary requirements. Effective 4/1/23.

06/14/23 – Reviewed and updated for P&T. Removed preferred product requirement. Effective 6/30/23.

