

# Abilify MyCite Effective 11/18/2020

Plan	⊠ MassHealth □Commercial/Exchange		$\boxtimes$ Prior Authorization
Benefit	<ul><li>☑ Pharmacy Benefit</li><li>□ Medical Benefit (NLX)</li></ul>	Program Type	<ul><li>☐ Quantity Limit</li><li>☐ Step Therapy</li></ul>
Specialty Limitations	This medication has been designated specialty and must be filled at a contracted specialty pharmacy.		
	Specialty Medications		
	All Plans F	hone: 866-814-5506	Fax: 866-249-6155
	Non-Specialty Medications		
Contact	MassHealth F	hone: 877-433-7643	Fax: 866-255-7569
Information	Commercial F	hone: 800-294-5979	Fax: 888-836-0730
	Exchange F	hone: 855-582-2022	Fax: 855-245-2134
	Medical Specialty Medications (NLX)		
	All Plans F	hone: 844-345-2803	Fax: 844-851-0882
Exceptions	N/A		

# Overview

Abilify MyCite is a drug-device combination product comprised of aripiprazole tablets embedded with an Ingestible Event Marker (IEM) sensor intended to track drug ingestion.

# **Coverage Guidelines**

Authorization may be granted for members who are  $\geq$  age 18 currently receiving treatment with Abilify MyCite excluding when the product is obtained as samples or via manufacturer's patient assistance programs.

### OR

Authorization may be granted for members when all the following criteria are met, and documentation is provided:

- 1. The member is diagnosed with schizophrenia, Bipolar I disorder, or medication will be used as adjunctive treatment for adults (≥ age 18) with Major Depressive Disorder (MDD)
- 2. Member has a history of poor adherence (<80%) with at least two oral second generation antipsychotics, one of which must be Abilify® (aripiprazole)
- 3. Documentation of treatment failure with or intolerance to a long acting injectable aripiprazole formulation, or documentation of clinical rationale that a long acting injectable aripiprazole formulation is not medically appropriate for the member
- 4. All of the following strategies (if applicable to the patient) to improve patient adherence have been tried without success
  - a. Use of pillboxes
  - b. Setting reminder alarms
  - c. Coordinating timing of dose to coincide with dosing of another daily medication.

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5. Prescriber agrees to provide documentation of a comprehensive treatment plan which will track and document adherence of Abilify MyCite through software provided by the manufacturer.

Subject to the Mass Health Pediatric Behavioral Health Medication Initiative for members < 18 years of age.

### **Continuation of Therapy**

Reauthorization requires physician documentation of improvement of member's condition including stability and adherence.

## Limitations

- 1. Initial approvals will be approved for up to 12 months.
- 2. Reauthorizations will be for 12 months
- 3. The following quantity limits apply:Abilify MyCite 15mg, 20mg, & 30mgAbilify MyCite 2mg, 5mg, & 10mg60 tablets per month

### References

1. Abilify MyCite (aripiprazole) [prescribing information]. Rockville, MD: Otsuka America Pharmaceutical Inc; June 2020

#### **Review History**

11/20/2019 – Reviewed at P&T 11/18/2020- Reviewed at P&T

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