Mass General Brigham
Health Plan

Rezdiffra (resmetiron)
Effective 09/01/2026

Plan	☐ MassHealth UPPL ☒ Commercial/Exchange	**Program Type**	☒ Prior Authorization ☐ Quantity Limit ☐ Step Therapy
Benefit	☒ Pharmacy Benefit ☐ Medical Benefit		
Specialty Limitations	N/A		
Contact Information	**Medical Benefit** **Pharmacy Benefit**	Phone: 833-895-2611 Phone: 800-711-4555	Fax: 888-656-6671 Fax: 844-403-1029
Exceptions	N/A		

Overview
Rezdiffra (resmetiron) is a thyroid hormone receptor-beta (THR-beta) agonist indicated in conjunction with diet and exercise for the treatment of adults with noncirrhotic nonalcoholic steatohepatitis (NASH) with moderate to advanced liver fibrosis (consistent with stages F2 to F3 fibrosis).

Rezdiffra should be avoided in patients with decompensated cirrhosis.

Coverage Guidelines
If member is new to the plan (as evidenced by coverage effective date of less than or equal to 90 days), submission of medical records documenting that the member is currently receiving treatment with the requested drug, excluding when the product is obtained as samples or via manufacturer's patient assistance programs
OR
Submission of MEDICAL records (e.g., chart notes) documenting ALL of the following:

1. Diagnosis of metabolic dysfunction-associated steatohepatitis (MASH), formerly known as nonalcoholic steatohepatitis (NASH)
2. Member does not have cirrhosis (e.g., decompensated cirrhosis)
3. Member is 18 years of age or older
4. Disease is fibrosis stage F2 or F3 as confirmed by one of the following:
    a. Both of the following:
        i. Fibrosis 4 index (FIB-4) score greater than or equal to 1.3
        ii. One of the following:
            1. Enhanced liver fibrosis (ELF) test
            2. Liver stiffness measurement (LSM) by vibration-controlled transient elastography (VCTE) (e.g., FibroScan)
    b. One of the following:
        i. FibroScan aspartate aminotransferase (FAST)
        ii. MRI aspartate aminotransferase (MAST)
        iii. Magnetic Resonance Elastography combined with fibrosis-4 index (MEFIB)
        iv. Liver biopsy within the past 12 months
5. Used as an adjunct to lifestyle modification (e.g., dietary or caloric restriction, exercise, behavioral support, community-based program)

6. Member has presence of at least one metabolic risk factor (e.g., type 2 diabetes, hypertension, obesity, reduced HDL cholesterol, raised cholesterol)
7. Prescribed by or in consultation with one of the following:
    a. Gastroenterologist
    b. Hepatologist
    c. Endocrinologist
8. Member has been counseled on limiting alcohol consumption
9. Requested medication will not be used in combination with Wegovy (semaglutide) for the treatment of MASH

Continuation of Therapy

Submission of MEDICAL RECORDS (e.g., chart notes) documenting ALL of the following:

1. Diagnosis of metabolic dysfunction-associated steatohepatitis (MASH), formerly known as nonalcoholic steatohepatitis (NASH)
2. Positive clinical response to therapy, or ongoing stability (e.g., improvement in liver function tests (LFTs), fibrosis stage improvement, improvement from baseline on MASH-specific imaging [VCTE >/= 25%, MRE >/= 20%, etc.], etc.)
3. Requested medication will continue to be used as an adjunct to lifestyle modification (e.g. dietary or caloric restriction, exercise, behavioral support, community-based program)
4. Member has not progressed to cirrhosis
5. Requested medication is not being co-administered with Wegovy (semaglutide) for the treatment of MASH
6. Prescribed by or in consultation with one of the following:
    a. Gastroenterologist
    b. Hepatologist
    c. Endocrinologist

Limitations

1. Initial approvals and reauthorizations will be granted for 12 months.
2. The following quantity limitations apply:

Drug Name and Dosage Form	Quantity Limit
Rezdiffra tablet	1 tablet per day

References

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Review History

10/09/2024 – Reviewed at October P&T. Effective 01/01/2025.
04/15/2026 – Reviewed and updated at April P&T. Updating initial and reauthorization criteria to require submission of medical records. In initial and reauthorization criteria member must not have cirrhosis. Initial criteria being updated to define diagnostic parameters for F2 or F3 fibrosis. Use as adjunct to lifestyle modifications being added to initial and reauthorization criteria. Endocrinologist is being added as an approvable prescribing or consulting specialist and specialist prescribing/consulting requirements are being added to the reauthorization criteria. Adding requirement that member is counseled on limiting alcohol consumption to the initial criteria and specifying that Rezdiffra will not be used in combination with Wegovy for the treatment of MASH. Updating reauthorization criteria to define the clinical response to therapy. Effective 07/01/2026.
07/15/2026 – Reviewed and updated at July P&T. Administrative update – added diagnosis to reauthorization section of policy. Effective 09/01/2026.