

**Overactive Bladder Medications**  
**Effective 11/01/2025**

<b>Plan</b>	<input type="checkbox"/> MassHealth UPPL <input checked="" type="checkbox"/> Commercial/Exchange	<b>Program Type</b>	<input type="checkbox"/> Prior Authorization
<b>Benefit</b>	<input checked="" type="checkbox"/> Pharmacy Benefit <input type="checkbox"/> Medical Benefit		<input type="checkbox"/> Quantity Limit <input checked="" type="checkbox"/> Step Therapy
<b>Specialty Limitations</b>	N/A		
<b>Contact Information</b>	<b>Medical Benefit</b> <b>Pharmacy Benefit</b>	Phone: 833-895-2611 Phone: 800-711-4555	Fax: 888-656-6671 Fax: 844-403-1029
<b>Exceptions</b>	N/A		

### Overview

Prescriptions that meet the initial step therapy requirements will adjudicate automatically at the point of sale. If the prescription does not meet the initial step therapy requirements, the prescription will deny with a message indicating that prior authorization (PA) is required. Refer to the criteria below and submit a PA request for the members who do not meet the initial step therapy requirements at the point of sale.

#### Initial Step-Therapy Requirements:

**First-Line:** Medications listed on first-line are covered without prior-authorization.

**Second-Line:** Second-line medications will pay if the member has filled at least ONE first-line medication or a second-line medication within the past 180 days.

### Coverage Guidelines

Authorization may be granted for members new to the plan within the last 90 days who are currently receiving treatment with the requested medication, excluding when the product is obtained as samples or via manufacturer's patient assistance programs

#### **OR**

If a member does not meet the initial step therapy requirements, then approval of a second-line medication will be granted if the member has had an inadequate response, side effect, or a contraindication to one first-line or one second-line medication.

FIRST-LINE	SECOND-LINE
Oxybutynin extended-release tablets Solifenacin tablets Trospium chloride extended-release capsules	Darifenacin extended-release tablets Fesoterodine extended-release tablet Mirabegron extended-release tablet Tolterodine extended-release capsules

### Limitations

- Approvals will be granted for 12 months

### References

1. Balk EM, Rofeberg VN, Adam GP, et al. Pharmacologic and Nonpharmacologic Treatments for Urinary Incontinence in Women: A Systematic Review and Network Meta-analysis of Clinical Outcomes. *Ann Intern Med* 2019; 170:465.
2. Detrol LA (tolterodine) [prescribing information]. New York, NY: Pfizer; July 2018.
3. Enablex (darifenacin) [prescribing information]. Irvine, CA: Allergan USA Inc; July 2021.
4. Franco I, Hoebeke P, Baka-Ostrowska M, et al. Long-term efficacy and safety of solifenacin in pediatric patients aged 6 months to 18 years with neurogenic detrusor overactivity: results from two phase 3 prospective open-label studies. *J Pediatr Urol*. 2020;16(2):180.e1-180.e8.
5. Gelnique 10% (oxybutynin chloride) gel [prescribing information]. Madison, NJ: Allergan USA Inc; March 2019.
6. Lukacz ES. Urgency incontinence/overactive bladder in women: treatment. Brubaker L, Schmader E, eds. *UpToDate*. Waltham, MA: UpToDate Inc. Accessed June 27, 2024.
7. Mirabegron extended-release tablet [prescribing information]. Baltimore, MD: Lupin Pharmaceuticals, Inc.; April 2024.
8. Myrbetriq (mirabegron extended-release) tablet, granule [prescribing information]. Northbrook, IL; Astellas Pharma; April 2021.
9. Oxybutynin chloride extended-release tablet [prescribing information]. Fort Lee, NJ: Drug Ocean, LLC; October 2023.
10. Toviaz (fesoterodine) [prescribing information]. New York, NY: Pfizer; February 2024.
11. Vesicare (solifenacin succinate) [prescribing information]. Northbrook, IL: Astellas Pharma US; October 2022.

## Review History

09/23/13 – Reviewed

11/04/13 – Implemented

09/22/14 – Reviewed

10/01/14 – Detrol LA generic

09/21/15 – Reviewed

09/19/16 – Reviewed

09/18/17 – Reviewed

09/24/18 – Updated Enablex to darifenacin ER

09/18/19 – Removed trial of trospium ER from clinical criteria

11/20/19 – Removed Oxytrol (non-formulary) and updated program to true ST (removed clinical criteria)

09/16/2020 – Updated and Reviewed Sept P&T Mtg; Moved solifenacin (generic Vesicare) to first line agent. Vesicare (generic) launched and removed from criteria and formulary. Effective 11/01/20.

11/17/2021 – Updated and reviewed for Nov P&T; Added new formulation of Myrbetriq oral granules as second line agent. Effective 02/01/2022.

07/20/2022 – Updated and reviewed for July P&T; Fesoterodine extended-release released and added as second line agent. Brand Toviaz moved to non-formulary. Effective 10/1/2022

11/16/2022 – Updated and reviewed for Nov P&T; Myrbetriq and Gelnique removed from second line agents and move to non-formulary. Added Gemtesa as a second line agent. Effective 01/01/2023.

07/10/2024 – Updated and reviewed for July P&T; Gemtesa removed from second-line agents and moved to non-formulary status; Added mirabegron extended-release tablet as a second-line agent; Added step therapy language to the criteria; Effective 10/01/2024.

08/14/2024 – Reviewed and updated for August P&T; Updated approval criteria to match step therapy edit; Clarified approval length is 12 months; Effective 10/01/2024.

08/13/2025 – Reviewed and updated at August P&T. Removed documentation requirement from criteria. Effective 11/01/2025.

