

Bimzelx (bimekizumab-bkzx)
Effective 02/01/2026

Plan	<input type="checkbox"/> MassHealth UPPL <input checked="" type="checkbox"/> Commercial/Exchange		Program Type	<input checked="" type="checkbox"/> Prior Authorization
Benefit	<input checked="" type="checkbox"/> Pharmacy Benefit <input type="checkbox"/> Medical Benefit			<input type="checkbox"/> Quantity Limit <input type="checkbox"/> Step Therapy
Specialty Limitations	This medication has been designated specialty and must be filled at a contracted specialty pharmacy.			
Contact Information	Medical Benefit Pharmacy Benefit		Phone: 833-895-2611 Phone: 800-711-4555	Fax: 888-656-6671 Fax: 844-403-1029
Exceptions	N/A			

Overview

Bimzelx (bimekizumab-bkzx) is a humanized interleukin-17A and F antagonist indicated for the treatment of:

- Moderate to severe plaque psoriasis in adult patients who are candidates for systemic therapy or phototherapy
- Adults with active psoriatic arthritis (PsA)
- Adults with active non-radiographic axial spondyloarthritis (nr-axSpA) with objective signs of inflammation
- Adults with active ankylosing spondylitis (AS)
- Adults with moderate to severe hidradenitis suppurativa (HS)

Coverage Guidelines

Authorization may be granted for members new to the plan within the past 90 days who are currently receiving treatment with the requested medication, excluding when the product is obtained as samples or via manufacturer's patient assistance programs

OR

Authorization may be granted when all the following diagnosis-specific criteria are met:

Moderate to Severe Plaque Psoriasis (PsO)

1. Diagnosis of moderate to severe plaque psoriasis
2. At least 3% of body surface area (BSA) is affected OR crucial body areas (e.g., hands, feet, face, neck, scalp, genitals/groin, intertriginous areas) are affected
3. Member meets ONE of the following criteria:
 - a. Minimum duration of 4-week trial and failure, contraindication, or intolerance to ONE of the following topical therapies
 - i. Corticosteroids (e.g., betamethasone, clobetasol)
 - ii. Vitamin D analogs (e.g., calcitriol, calcipotriene)
 - iii. Tazarotene
 - iv. Calcineurin inhibitors (e.g., tacrolimus, pimecrolimus)
 - v. Anthralin
 - vi. Coal tar
 - b. Member has severe psoriasis that warrants a biologic DMARD as first-line therapy.

4. Trial and failure, intolerance, or contraindication to TWO of the following:
 - a. Cimzia
 - b. Enbrel
 - c. Humira (Abbvie), Hadlima, Simlandi, Yuflyma
 - d. Otezla/Otezla XR
 - e. Skyrizi
 - f. Sotyktu
 - g. Selarsdi, Steqeyma, Yesintek
 - h. Taltz
 - i. Tremfya

Active Psoriatic Arthritis (PsA)

1. Diagnosis of active psoriatic arthritis
2. The member meets ONE of the following:
 - a. Actively inflamed joints
 - b. Dactylitis
 - c. Enthesitis
 - d. Axial disease
 - e. Active skin and/or nail involvement
3. Trial and failure, intolerance, or contraindication to TWO of the following:
 - a. Cimzia
 - b. Enbrel
 - c. Humira (Abbvie), Hadlima, Simlandi, Yuflyma
 - d. Otezla/Otezla XR
 - e. Rinvoq/Rinvoq LQ
 - f. Simponi
 - g. Skyrizi
 - h. Selarsdi, Steqeyma, Yesintek
 - i. Taltz
 - j. Tremfya
 - k. Xeljanz/Xeljanz XR

Active ankylosing spondylitis

1. Diagnosis of active ankylosing spondylitis
2. The member has had minimum duration of 1-month trial and failure, contraindication or intolerance to TWO different non-steroidal anti-inflammatory drugs (NSAIDs) (e.g., ibuprofen, naproxen) at maximally tolerated doses.
3. Trial and failure, intolerance, or contraindication to TWO of the following:
 - a. Cimzia
 - b. Enbrel
 - c. Humira (Abbvie), Hadlima, Simlandi, Yuflyma
 - d. Rinvoq
 - e. Simponi
 - f. Taltz



g. Xeljanz/Xeljanz XR

Non-Radiographic axial spondyloarthritis (nr-axSpa)

1. Diagnosis of active non-radiographical axial spondyloarthritis
2. Member has objective signs of inflammation (e.g., C-reactive protein [CRP] levels above the upper limit of normal and/or sacroiliitis on magnetic resonance imaging [MRI], indicative of inflammatory disease, but without definitive radiographic evidence of structural damage on sacroiliac joints)
3. Member has minimum 1-month duration trial and failure, contraindication or intolerance to at least two different non-steroidal anti-inflammatory drugs (NSAIDs) (e.g., ibuprofen, naproxen) at maximally tolerated doses
4. Trial and failure, intolerance, or contraindication to TWO of the following:
 - a. Cimzia
 - b. Rinvoq
 - c. Taltz

Hidradenitis suppurativa (HS)

1. Member has a diagnosis of moderate to severe hidradenitis suppurativa (Hurley stage II or III)
2. Trial and failure, intolerance, or contraindication to ONE of the following:
 - a. Humira (Abbvie)
 - b. Hadlima
 - c. Simlandi
 - d. Yuflyma

Continuation of Therapy

Requests for reauthorizations for all diagnoses will be granted when the following criteria are met:

1. Documentation is submitted supporting improvement in member's condition as evidenced by low disease activity or improvement in signs and symptoms of the condition.

Limitations

1. Initial approvals and reauthorizations will be granted for 24 months.
2. The following quantity limitations apply:

Drug Name and Dosage Form	Quantity Limit
Bimzelx autoinjector	1 injection per 28 days
Bimzelx prefilled syringe	1 injection per 28 days

References

1. Bimzelx (bimekizumab-bkzx) [prescribing information]. Smyrna, GA: UCB; November 2024.
2. Elmetts CA, Korman NJ, Farley Prater E, et al. Joint AAD-NPF guidelines of care for the management and treatment of psoriasis with topical therapy and alternative medicine modalities for psoriasis severity measures. J Am Acad Dermatol 2021;84:432-70.
3. Menter A, Strober BE, Kaplan DH, et al. Joint AAD-NPF guidelines of care for the management and treatment of psoriasis with biologics. J Am Acad Dermatol 2019;80:1029-72.

Review History



3/10/2024: Created and Reviewed at March P&T, Effective 4/1/2024

10/9/2024 – Reviewed and updated at October P&T. Added approval criteria for psoriatic arthritis, ankylosing spondylitis, and nr-axSpA. Updated criteria for plaque psoriasis to require trial and failure with two biologics; added Otezla, Wezlana, Taltz, and Amjevita (Nuvaila) to the list of preferred biologic step options. Updated reauthorization criteria to require documentation of clinical response to therapy. Effective 1/1/2025.

04/09/2025 – Reviewed and updated for April P&T. Added diagnosis of hidradenitis suppurativa for the policy. Specified quantity limitations. Effective 07/01/2025.

06/11/2025 – Reviewed and updated for June P&T. Effective 7/1/2025: Updated approval length to 24 months. Effective 9/1/2025: Added Sotyktu as a previous trial option for the diagnosis of plaque psoriasis.

09/10/2025 - Reviewed and updated at September P&T. Added Yesintek as an Ustekinumab trial option. Effective 10/15/2025.

10/08/2025 – Reviewed and updated at October P&T. Updated policy to reflect that Selarsdi, Steqeyma and Yesintek are the preferred Ustekinumab trial options. Updated preferred adalimumab products to Humira, Hadlima, Simlandi and Yuflyma. Updated policy to reflect that policy only applies to the pharmacy benefit. Minor verbiage updates to trial language for ankylosing spondylitis and nr-axSpA; intent remains the same. Effective 01/01/2026.

01/14/2026 – Reviewed and updated at January P&T. Updated policy to include Otezla XR as a trial option for plaque psoriasis and psoriatic arthritis. Effective 02/01/2026.

