

**Rinvoq (upadacitinib)**  
**Rinvoq LQ (upadacitinib)**  
Effective 01/01/2025

<b>Plan</b>	<input type="checkbox"/> MassHealth UPPL <input checked="" type="checkbox"/> Commercial/Exchange	<b>Program Type</b>	<input checked="" type="checkbox"/> Prior Authorization <input type="checkbox"/> Quantity Limit <input type="checkbox"/> Step Therapy
<b>Benefit</b>	<input checked="" type="checkbox"/> Pharmacy Benefit <input type="checkbox"/> Medical Benefit		
<b>Specialty Limitations</b>	This medication has been designated specialty and must be filled at a contracted specialty pharmacy.		
<b>Contact Information</b>	<b>Medical and Specialty Medications</b>		
	All Plans	Phone: 877-519-1908	Fax: 855-540-3693
<b>Contact Information</b>	<b>Non-Specialty Medications</b>		
	All Plans	Phone: 800-711-4555	Fax: 844-403-1029
<b>Exceptions</b>	N/A		

**Overview**

Rinvoq (upadactinib) is a Janus kinase (JAK) inhibitor available as an extended-release tablet and an oral solution (Rinvoq LQ).

FDA indicated for treatment of:

1. Adults with moderately to severely active rheumatoid arthritis who have had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers **(Rinvoq only)**
2. Adults and pediatric patients 2 years of age and older with active psoriatic arthritis who have had an inadequate response or intolerance to one or more TNF blockers **(Rinvoq/Rinvoq LQ)**
3. Adults and pediatric patients 12 years of age and older with refractory, moderate to severe atopic dermatitis whose disease is not adequately controlled with other systemic drug products, including biologics, or when use of those therapies are inadvisable **(Rinvoq only)**
4. Adult patients with moderately to severely active ulcerative colitis who have had an inadequate response or intolerance to one or more TNF blockers **(Rinvoq only)**
5. Adults with active ankylosing spondylitis who have had an inadequate response or intolerance to one or more TNF blockers **(Rinvoq only)**
6. Adults with active non-radiographic axial spondyloarthritis (nr-axSpA) with objective signs of inflammation who have had an inadequate response or intolerance to TNF blocker therapy **(Rinvoq only)**
7. Adults with moderately to severely Crohn’s disease who have had an inadequate response or intolerance to one or more TNF blockers **(Rinvoq only)**
8. Patients 2 years of age and older with active polyarticular idiopathic arthritis (pJIA) who have had an inadequate response or intolerance to one or more TNF blockers **(Rinvoq/Rinvoq LQ)**

Rinvoq and Rinvoq LQ are not recommended for use in combination with other JAK inhibitors, biologic DMARDs, or with potent immunosuppressants such as azathioprine and cyclosporine.

### **Coverage Guidelines**

Authorization may be granted for members new to the plan within the past 90 days who are currently receiving treatment with the requested medication, excluding when the product is obtained as samples or via manufacturer's patient assistance programs

**OR**

Authorization may be granted for members who meet all of the following diagnosis-specific criteria:

#### **Rheumatoid arthritis (RA)**

1. The member has diagnosis of moderately to severely active rheumatoid arthritis
2. The member has a minimum duration of 3-month trial and failure, contraindication, or intolerance to ONE of the following conventional therapies at maximally tolerated doses:
  - a. Methotrexate
  - b. Leflunomide
  - c. Sulfasalazine
3. The member has had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers (e.g., adalimumab, certolizumab pegol, etanercept, golimumab)

#### **Psoriatic arthritis (PsA)**

1. The member has been diagnosed with active psoriatic arthritis
2. The member meets ONE of the following:
  - a. Actively inflamed joints
  - b. Dactylitis
  - c. Enthesitis
  - d. Axial disease
  - e. Active skin and/or nail involvement
3. The member has had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers (e.g., adalimumab, certolizumab pegol, etanercept, golimumab)

#### **Atopic dermatitis (AD)**

1. The member has a diagnosis of refractory, moderate to severe atopic dermatitis
2. The member is at least 12 years of age
3. Affected body surface is greater than or equal to 10% body surface area OR crucial body areas (e.g., hands, feet, face, neck, scalp, genitals/groin, intertriginous areas) are affected
4. Member has had trial and failure of a minimum 30-day supply (14-day supply for topical steroids), intolerance, or contraindication to at least ONE of the following:
  - a. Medium or higher potency topical corticosteroid
  - b. Pimecrolimus cream
  - c. Tacrolimus ointment
  - d. Eucrisa (crisaborole) ointment
5. Member has had inadequate response to treatment with other systemic drug products, including biologics, or use of these therapies is not advisable



### **Crohn's Disease**

1. The member has been diagnosed with moderately to severely active Crohn's disease
2. ONE of the following:
  - a. Frequent diarrhea and abdominal pain
  - b. At least 10% weight loss
  - c. Complications such as obstruction, fever, abdominal mass
  - d. Abnormal lab values (e.g., C-reactive protein [CRP])
  - e. CD Activity Index (CDAI) greater than 220
3. Member has had trial and failure, intolerance, or contraindication to ONE of the following conventional therapies
  - a. 6-mercaptopurine
  - b. Azathioprine
  - c. Corticosteroids (e.g., prednisone)
  - d. methotrexate
4. The member has had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers (e.g., adalimumab, certolizumab pegol)

### **Ulcerative Colitis (UC)**

1. The member has been diagnosed with moderately to severely active ulcerative colitis
2. ONE of the following:
  - a. Greater than 6 stools per day
  - b. Frequent blood in stools
  - c. Frequent urgency
  - d. Presence of ulcers
  - e. Abnormal lab values (e.g., hemoglobin, ESR, CRP)
  - f. Dependent on, or refractory to, corticosteroids
3. Member has had trial and failure, intolerance, or contraindication to ONE of the following conventional therapies
  - a. 6-mercaptopurine
  - b. Aminosalicylate (e.g., mesalamine, olsalazine, sulfasalazine)
  - c. Azathioprine
  - d. Corticosteroids (e.g., prednisone)
4. The member has had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers (e.g., adalimumab, golimumab)

### **Ankylosing Spondylitis (AS)**

1. The member has been diagnosed with active ankylosing spondylitis
2. Member has minimal duration of 1-month trial and failure, contraindication, or intolerance to TWO different non-steroidal anti-inflammatory drugs (NSAIDs) at maximally tolerated doses.
3. The member has had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers (e.g., adalimumab, certolizumab pegol, etanercept, golimumab)



### **Non-Radiographic Axial Spondyloarthritis (nr-axSpA)**

1. The member has a diagnosis of active non-radiographic axial spondyloarthritis
2. Member has objective signs of inflammation (e.g., C-reactive protein [CRP] levels above the upper limit of normal and/or sacroiliitis on magnetic resonance imaging [MRI], indicative of inflammatory disease, but without definitive radiographic evidence of structural damage on sacroiliac joint)
3. Member has minimal duration of 1-month trial and failure, contraindication, or intolerance to TWO different non-steroidal anti-inflammatory drugs (NSAIDs) (e.g., ibuprofen, naproxen) at maximally tolerated doses.
4. The member has had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers (e.g., certolizumab pegol)

### **Active polyarticular juvenile idiopathic arthritis (pJIA)**

1. The member has been diagnosed with active polyarticular juvenile idiopathic arthritis (pJIA)
2. The member has a minimum duration of 6-week trial and failure, contraindication, or intolerance to ONE of the following conventional therapies at maximally tolerated doses:
  - a. Leflunomide
  - b. Methotrexate
3. The member has had an inadequate response or intolerance to one or more tumor necrosis factor (TNF) blockers (e.g., adalimumab, certolizumab pegol, etanercept)

### **Continuation of Therapy**

**Atopic dermatitis:** Reauthorizations may be granted when documentation has been submitted supporting clinical improvement in member's condition as evidenced by low disease activity (e.g., clear or almost clear skin), or improvement in signs and symptoms of atopic dermatitis (e.g., redness, itching, oozing/crusting).

**All Other Indications:** Reauthorization may be granted when documentation has been submitted supporting clinical improvement in member's condition as evidenced by low disease activity or improvement in signs and symptoms of the condition.

### **Limitations**

1. Initial authorizations and reauthorizations will be approved for 24 months
2. Rinvoq LQ will only be approved for the treatment of psoriatic arthritis and pJIA.
3. The following quantity limits apply:

Drug Name	Quantity Limit
Rinvoq 15mg, 30mg, and 45mg	1 tablet per day
Rinvoq LQ	12 mL per day

### **References**

1. Bonilla-Hernán MG, Miranda-Carús ME, Martin-Mola E. New drugs beyond biologics in rheumatoid arthritis: the kinase inhibitors. *Rheumatology (Oxford)* 2011; 50:1542
2. O'Dell JR, Curtis JR, Mikuls TR, et al. Validation of the methotrexate-first strategy in patients with early, poor-prognosis rheumatoid arthritis: results from a two-year randomized, double-blind trial. *Arthritis Rheum* 2013; 65:1985
3. Rinvoq/Rinvoq LQ (upadacitinib) [prescribing information]. North Chicago, IL: AbbVie Inc; April 2024.

### **Review History**



11/20/2019 – Reviewed at P&T  
03/18/2020 – Reviewed and Updated Mtg; added MH LOB; checked off QL (effective 6/1/20)  
01/01/2021 – Moved MH onto its own policy  
01/19/2022 – Reviewed and Updated for Jan P&T; added new indication of psoriatic arthritis to criteria; references updated  
03/16/2022 Reviewed and Updated for March P&T; added new indication of atopic dermatitis to criteria as preferred agent; references updated  
06/22/2022 – Reviewed and Updated for June P&T; added new indication of ulcerative colitis. Effective 9/01/2022  
09/21/2022 – Reviewed and Updated for Sept P&T; added new indication of ankylosing spondylitis. Effective 11/1/22  
01/11/2023 – Reviewed and Updated for Jan P&T; added new indication of non-radiographic axial spondyloarthritis and 45mg strength. Effective 03/01/2023  
03/15/2023 – Reviewed and Updated for March P&T; Removed requirement of Dupixent for atopic dermatitis. Added “Member has had inadequate response to treatment with other systemic drug products, including biologics, or use of these therapies is not advisable”. Effective 6/1/23  
7/12/2023 – Reviewed and Updated for July P&T; Added new indication of Crohn’s disease. Effective 8/12/23.  
11/15/2023 – Reviewed and Updated for Nov P&T; removed TB requirement. Added additional treatment options for conventional therapies for Rheumatoid arthritis. Psoriatic arthritis – removed conventional therapies and added member meets one of the following: actively inflamed joints, dactylitis, enthesitis, axial disease, or active skin and/or nail involvement. Plaque psoriasis – changed from 5% BSA to 3% BSA. Removed appendix with contraindications to methotrexate. Consolidated conventional therapies for plaque psoriasis. Separated out criteria for Crohn’s disease vs. Ulcerative Colitis. Removed Appendix. Effective 1/1/24  
09/11/2024 – Reviewed and updated for September P&T. Added Rinvoq LQ to the policy. Added criteria for pJIA. Updated criteria for nr-axSpa to no longer specify age requirement. Effective 11/01/2024.  
10/09/2024 – Reviewed and updated for October P&T. Effective 11/1/2024: Updated limitations section to indicate that Rinvoq LQ will only be approved for psoriatic arthritis and pJIA. Effective 1/1/2025: Updated nr-axSpA criteria to require trial and failure with minimal duration of 1 month trial and failure with two NSAIDs.  
11/13/2024 – Reviewed and updated for November P&T. Updated diagnosis verbiage for pJIA. Updated reauthorization criteria. Effective 1/1/2025.

