

Egrifta SV (tesamorelin) Effective 10/01/2021

Plan	 MassHealth UPPL Commercial/Exchange 	Program Type	Prior Authorization	
Benefit	 Pharmacy Benefit Medical Benefit 		 Quantity Limit Step Therapy 	
Specialty Limitations	This medication has been designated specialty and must be filled at a contracted specialty pharmacy.			
	Medical and Specialty Medications			
Contact	All Plans P	hone: 877-519-1908	Fax: 855-540-3693	
Information	Non-Specialty Medications			
	All Plans P	hone: 800-711-4555	Fax: 844-403-1029	
Exceptions	N/A			

Overview

Egrifta is a growth hormone releasing factor FDA indicated for the reduction of excess abdominal fat in HIV-infected patients with lipodystrophy.

Coverage Guidelines

Authorization may be granted for members new to the plan who are currently receiving treatment with Egrifta excluding when the product is obtained as samples or via manufacturer's patient assistance programs. **OR**

Authorization may be granted for members when ALL the following criteria are met, and documentation is provided:

- 1. The member is diagnosed with lipodystrophy associated with HIV
- 2. The member has been using antiretroviral therapy for at least two months within the last 90 days
- 3. Other potential causes of visceral adipose tissue (VAT) accumulation/central obesity have been ruled out
- 4. For male members: current waist circumference is > 102 cm
- 5. For female members: current waist circumference is > 88cm
- 6. The member has failed lifestyle modification with diet and exercise

Continuation of Therapy

Reauthorization may be granted for members when all the following criteria are met, and documentation is provided:

- 1. Clinical documentation is submitted supporting the member has had a decrease in waist size from baseline
- 2. Member is currently receiving antiretroviral therapy

Limitations:

- 1. Initial approval and reauthorizations may be granted for up to 6 months.
- 2. The following quantity limits will apply:

 Egrifta 1mg vial

 60 per 30 days

Mass General Brigham Health Plan includes Mass General Brigham Health Plan, Inc. and Mass General Brigham Health Insurance Company.

Egrifta SV 2mg vial	30 per 30 days
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References

- 1. Egrifta SV (tesamorelin) [prescribing information]. Montreal, Quebec, Canada: Theratechnologies; October 2019
- 2. Lake JE, Stanley TL, Apovian CM, et al. Practical Review of Recognition and Management of Obesity and Lipohypertrophy in Human Immunodeficiency Virus Infection. Clin Infect Dis 2017; 64:1422

Review History

07/21/2021- Reviewed at July P&T, switched from CVS SGM to custom criteria; added waist circumference measurements for initial and reauth, administrative change of drug name to Egrifta SV due to discontinuation of original product. Effective 10/01/2021.