

Continuing Blood Glucose Monitors (CGM)
Dexcom Products
FreeStyle Libre Products
Effective 04/01/2023

Plan	<input type="checkbox"/> MassHealth UPPL <input checked="" type="checkbox"/> Commercial/Exchange	Program Type	<input checked="" type="checkbox"/> Prior Authorization
Benefit	<input checked="" type="checkbox"/> Pharmacy Benefit <input type="checkbox"/> Medical Benefit		<input type="checkbox"/> Quantity Limit <input type="checkbox"/> Step Therapy
Specialty Limitations	N/A		
Contact Information	Medical and Specialty Medications		
	All Plans	Phone: 877-519-1908	Fax: 855-540-3693
	Non-Specialty Medications		
	All Plans	Phone: 800-711-4555	Fax: 844-403-1029
Exceptions	N/A		

Overview

Continuous glucose monitors (CGM) are minimally invasive or noninvasive devices that measure glucose levels at set intervals, 24 hours a day, with a small electrode placed under the skin and held in place by an adhesive. Glucose measurements are recorded and translated into real time data, generating glucose direction and rate of change.

Products not covered through pharmacy*	Products that require PA
Dexcom G4	Dexcom products
Dexcom G5	Freestyle Libre products
Enlite	
Eversense	
Freestyle Navigator	
Guardian	

*These products are not available through the pharmacy benefit; however, may be covered under Durable Medical Equipment (DME) with a PA.

Coverage Guidelines

Approval of a Dexcom products and FreeStyle Libre products may be granted for members who meet the following criteria and documentation is submitted:

- Member has a diagnosis of diabetes mellitus (see Appendix for off-label indications)
- Member has a paid claim or physician attestation requiring multiple daily insulin administrations or an insulin pump†
- ONE of the following is met:
 - A1c $\geq 7\%$ or value that does not meet documented target treatment goal
 - Frequent hypoglycemia (or nocturnal hypoglycemia)
 - History of hypoglycemic unawareness

- d. Dawn phenomenon with fasting blood sugars frequently exceeding 200 mg/dL.
- e. History of emergency room visit or hospitalization related to ketoacidosis or hypoglycemia
- f. Use with compatible insulin pump to achieve glycemic control
- g. Pregnancy

† Members not receiving insulin due to physical disability, visual impairment, cognitive impairment, or age <18 years may bypass this requirement.

Continuation of Therapy

Reauthorization may be granted with current documentation from the prescriber when the following criteria are met:

1. Prescriber documents improvement in diabetic control/relative stability (e.g., provider attestation or A1c improvement can be considered to meet this requirement)
2. Provider attestation that the member's CGM data has been reviewed and is being used to monitor or adjust treatment plan

Limitations

1. Initial requests and reauthorizations will be authorized for 12 months.
2. The following quantity limits apply:

Monitor	1 monitor per year
Receiver	1 receiver per year
Transmitter	1 transmitter per 90 days
Sensor	3 sensors per month

Appendix

Appendix: Off-Label requests for CGM

Continuous glucose monitoring devices are only FDA-approved for patients with a diagnosis of diabetes mellitus. However, there are other populations that may benefit from glucose monitoring and therefore, may be appropriate candidates for CGM. Members with another non-diabetes based condition causing a disorder of glucose metabolism of improper endogenous insulin secretion resulting in frequent hypoglycemia, nocturnal hypoglycemia, or hypoglycemic unawareness may require blood glucose monitoring. Examples of these disorders include but are not limited to:

- Seizure disorder
- Insulinoma
- Genetic conditions causing hyperinsulinemia
- Effect from post-surgical conditions (i.e., post esophagectomy, post fundoplication, post gastrectomy, post gastric bypass, post sleeve gastrectomy)

For these members, requests should document hypoglycemic risk and past events and should provide rationale for use of CGM instead of capillary blood glucose monitoring using test strips and a blood glucose meter.

Examples of rationale for use of CGM instead of capillary blood glucose monitoring include but are not limited to:

- Frequent hypoglycemia,
- Nocturnal hypoglycemia,
- History of hypoglycemic unawareness,
- Limited dexterity, and
- Comorbid conditions that would impact ability to prick fingers (e.g., Raynaud's, autism, etc.)



Exclusions

1. Replacement or repair of home long-term (more than 7 days) continuous glucose monitors when
 - a. It is still under manufacture warranty.
 - b. It is lost, stolen, or damaged due to improper care, or misuse, or neglect (the plan may require proof of the stolen or damaged item. Proof consists of a police report, pictures, or corroborating statement).
 - c. The member has a functioning model and a newer or upgraded model is not medically necessary.
2. Devices or device features that are to be principally used for convenience and are not medically necessary.

References

1. Kudva YC, Ahmann AJ, Bergenstal RM, et al. Approach to Using Trend Arrows in the FreeStyle Libre Flash Glucose Monitoring Systems in Adults. J Endocr Soc 2018; 2:1320
2. American Diabetes Association. 7. Diabetes Technology: Standards of Medical Care in Diabetes-2019. Diabetes Care 2019; 42:S71
3. Welsh JB, Gao P, Derdzinski M, et al. Accuracy, Utilization, and Effectiveness Comparisons of Different Continuous Glucose Monitoring Systems. Diabetes Technol Ther 2019; 21:128

Review History

11/20/2019 – Reviewed at P&T

11/19/2020 – Updated and Reviewed Nov P&T; Added Freestyle Libre 2 to criteria

05/19/2021 – Updated and Reviewed May P&T; removed Type 1 diabetes and replaced with diabetes mellitus; Added reauthorization approval length; added QL; updated coverage guidelines and reauthorization guidelines. Effective 6/1/21.

09/01/2021 – Updated QL for transmitter. Effective 9/1/21.

09/22/2021 – Reviewed at P&T

11/17/2021 – Reviewed and Updated for Nov P&T: Guideline updated to add six new agents to UPPL including: Dexcom G4, Dexcom G5, Enlite, Eversense, Freestyle Navigator, and Guardian. Guideline updated to reflect preferred agents with “PD”. Additionally, the criteria were updated to remove blood glucose testing requirement and wording of the insulin requirement was updated from multiple daily insulin injections to multiple daily insulin administrations. Criteria for A1c not meeting goal was updated to remove requirement of education and adherence to blood glucose testing. Effective 01/01/2022

03/16/2022 – Reviewed and Updated for March P&T; Guideline updated to include appendix for guidance for off-label requests. Additionally, NDCs 57599-0000-21 and 57599-0000-19 for Freestyle Libre 10 are obsolete, therefore a footnote was added for clarification. Effective 05/01/2022

11/16/2022 – Reviewed and Updated for Sept P&T; separated out MH vs. Comm/Exch. Changed Freestyle Libre 14 and Freestyle Libre 2 to Freestyle Libre products to allow for any new Freestyle Libre CGM on the market. Effective 01/01/2023.

01/11/2023 – Reviewed and Updated for Jan P&T; removed NDC from criteria. Changed covered products with PA from Dexcom G6 to Dexcom products to allow for any new Dexcom products on the market. Effective 4/1/2023

10/11/2023 – Reviewed and Updated for Oct P&T; no clinical changes.

