

## Schedule of Benefits

### **YMCA of Greater Boston Choice Easy Tier HMO 1000 with Care Complement<sup>SM</sup>**

#### **For Large Group Employers**

**IMPORTANT NOTICE:** This plan includes a Tiered Provider Network called Choice Easy Tier. In this plan, members pay different levels of Copayments, Coinsurance, and/or Deductibles depending on the tier of the provider delivering a covered service or supply. This plan may make changes to a provider's benefit tier annually on January 1. Please consult the 2026 Choice Easy Tier provider directory or visit the provider search tool at [MassGeneralBrighamHealthPlan.org](https://MassGeneralBrighamHealthPlan.org) to determine the tier of providers.



**This health plan meets Minimum Creditable Coverage standards and will satisfy the individual mandate that you have health insurance. Please see the last page for additional information.**



# Schedule of Benefits

This Schedule of Benefits is a general description of your coverage as a member of Mass General Brigham Health Plan. For more information about your benefits, log into [Member.MassGeneralBrighamHealthPlan.org](http://Member.MassGeneralBrighamHealthPlan.org) to see your plan documents and get personalized information about your plan or call Customer Service at 866-414-5533 (TTY 711).

As a member of the 2026 Choice Easy Tier plan, you will pay different levels of copayments, coinsurance, and/or deductibles depending on the tier of the hospital delivering a covered service or supply. Hospitals must meet the standards for quality and cost based on our benchmark.

Participating hospitals are classified into three tiers as described below:

- **Tier 1 (lowest member cost-sharing):** Hospitals assigned to this tier offer the most value relative to cost-efficiency and have the lowest member cost-sharing for certain covered services as indicated below. Outpatient services at a freestanding/independent (non-hospital affiliated) facility are included in this tier.
- **Tier 2 (middle member cost-sharing):** Hospitals and affiliated facilities assigned to this tier still have moderate cost relative to our benchmark and have moderate member cost-sharing for certain covered services as indicated below.
- **Tier 3 (highest member cost-sharing):** Hospitals and affiliated facilities assigned to this tier have the highest cost relative to our benchmark and have the highest member cost-sharing for certain covered services as indicated below.

If your PCP refers you to a provider for covered services such as a specialist, it is important to check the tier of the hospital that the provider is affiliated with. Your cost for certain services will be the highest when you receive certain services at or by Tier 3 hospitals, even if your PCP refers you. For assistance in finding providers in the 2026 Choice Easy Tier network and tier information of the providers, please visit the online provider search tool at [MassGeneralBrighamHealthPlan.org](http://MassGeneralBrighamHealthPlan.org)

All covered services must be medically necessary and some may require prior authorization. Please check with your PCP or treating provider to determine if a prior authorization is necessary. Your Member Handbook may include additional coverage and/or exclusions not listed on the Schedule of Benefits.

## DEDUCTIBLE AND OUT-OF-POCKET MAXIMUM

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Deductible per benefit period

**Medical/Behavioral Health (Combined):**  
**\$1,000 Individual /\$2,000 Family**  
**Prescription Drug: None**

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Out-of-Pocket Maximum per benefit period

**Medical/Behavioral Health/Prescription Drug (Combined):**  
**\$5,000 Individual /\$10,000 Family**

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The Deductible, Coinsurance and Copayments for Medical, Behavioral Health, and Prescription Drugs apply to the annual Out-of-Pocket Maximum. This Schedule of Benefits and the Mass General Brigham Health Plan Member Handbook comprise the Evidence of Coverage for members covered on this health plan.

## OUTPATIENT MEDICAL CARE

### *Preventive Services*

Annual Physical Exams <sup>1</sup>	No Member Cost-Sharing
Annual Gynecological Exams <sup>1</sup>	No Member Cost-Sharing
Family Planning Services	No Member Cost-Sharing
Immunizations & Vaccinations	No Member Cost-Sharing
Preventive Laboratory Tests	No Member Cost-Sharing
Screening Colonoscopy	No Member Cost-Sharing
Screening Mammography	No Member Cost-Sharing
Well Child Visits	No Member Cost-Sharing

<sup>1</sup>Services for specific conditions during an annual exam may be subject to cost sharing.

### *Other Primary & Specialty Care Office Visits*

Office Visits for Other Primary Care	\$20 copayment/Visit (waived for members age 18 and younger for the first 3 visits)
Telemedicine (Virtual Visits) - PCP	\$20 copayment/Visit
Telemedicine (Virtual Visits) - On Demand	\$20 copayment/Visit
Office Visits for Other Specialty Care	\$45 copayment/Visit
Telemedicine (Virtual Visits) - Specialist	\$45 copayment/Visit
Acupuncture (Covered up to 20 visits per benefit period)	Visit 1-6: No Member Cost-Sharing Visit 7-20: \$45 copayment/Visit
Allergy Shots	No Member Cost-Sharing
Cardiac Rehabilitation Service	<b>Tier 1:</b> No Member Cost-Sharing <b>Tier 2:</b> Subject to deductible, then \$75 copayment/Visit <b>Tier 3:</b> Subject to deductible, then \$150 copayment/Visit
Chiropractic Care	Visit 1-6: No Member Cost-Sharing Visit 7 and after: \$20 copayment/Visit
Routine Eye Exam (1 visit(s) per member every 12 months)	\$20 copayment/Visit (waived for members diagnosed with diabetes)
Routine Foot Care (covered for diabetes and some circulatory diseases)	\$45 copayment/Visit
Hearing Exams	\$45 copayment/Visit
Infertility Services	\$45 copayment/Visit
Physical Therapy/Occupational Therapy (Covered up to 100 combined PT/OT visits per benefit period)	<b>Tier 1:</b> Visit 1-6: No Member Cost-Sharing Visit 7-100: \$45 copayment/Visit <b>Tier 2:</b> Subject to deductible, then \$75 copayment/Visit <b>Tier 3:</b> Subject to deductible, then \$150 copayment/Visit
Speech Therapy	<b>Tier 1:</b> \$45 copayment/Visit <b>Tier 2:</b> Subject to deductible, then \$75 copayment/Visit <b>Tier 3:</b> Subject to deductible, then \$150 copayment/Visit
Routine Prenatal and Postnatal Care	No Member Cost-Sharing

### **Other Outpatient Services**

Diagnostic, Imaging and X-ray	<b>Tier 1:</b> Subject to deductible, then 10% coinsurance <b>Tier 2:</b> Subject to deductible, then 20% coinsurance <b>Tier 3:</b> Subject to deductible, then 30% coinsurance
Laboratory	Subject to deductible, then 20% coinsurance
High-tech Radiology (MRI, CT, PET Scan, Nuclear Cardiac Imaging)	<b>Tier 1:</b> Subject to deductible, then 10% coinsurance <b>Tier 2:</b> Subject to deductible, then 20% coinsurance <b>Tier 3:</b> Subject to deductible, then 30% coinsurance
Outpatient Surgery—Facility Fee	<b>Tier 1:</b> Subject to deductible, then 10% coinsurance <b>Tier 2:</b> Subject to deductible, then 20% coinsurance <b>Tier 3:</b> Subject to deductible, then 30% coinsurance
Outpatient Surgery—Professional Fee	<b>Tier 1:</b> Subject to deductible, then 10% coinsurance <b>Tier 2:</b> Subject to deductible, then 10% coinsurance <b>Tier 3:</b> Subject to deductible, then 10% coinsurance

### **INPATIENT MEDICAL CARE**

Inpatient Medical Services (including Maternity) - Facility Fee	<b>Tier 1:</b> Subject to deductible, then 10% coinsurance <b>Tier 2:</b> Subject to deductible, then 20% coinsurance <b>Tier 3:</b> Subject to deductible, then 30% coinsurance
Inpatient Medical Services - Professional Fee	<b>Tier 1:</b> Subject to deductible, then 10% coinsurance <b>Tier 2:</b> Subject to deductible, then 10% coinsurance <b>Tier 3:</b> Subject to deductible, then 10% coinsurance
Inpatient Care in a Skilled Nursing Facility - Facility Fee (Covered up to 100 days per benefit period)	Subject to deductible, then 20% coinsurance
Inpatient Care in a Skilled Nursing Facility - Professional Fee	Subject to deductible, then 20% coinsurance
Inpatient Care in a Rehabilitation Facility - Facility Fee (Covered up to 60 days per benefit period)	Subject to deductible, then 20% coinsurance
Inpatient Care in a Rehabilitation Facility - Professional Fee	Subject to deductible, then 20% coinsurance
Routine Nursery and Newborn Care	No Member Cost-Sharing

### **BEHAVIORAL HEALTH - OUTPATIENT**

Mental Health Care or Substance Use Care	\$20 copayment/Visit (waived for members age 18 and younger for the first 3 visits)
Telemedicine (Virtual Visits) - Mental Health Care or Substance Use Care	\$20 copayment/Visit

### **BEHAVIORAL HEALTH - INPATIENT**

Mental Health Care - Facility Fee	Subject to deductible, then 10% coinsurance
Mental Health Care - Professional Fee	Subject to deductible, then 10% coinsurance
Substance Use Detoxification or Rehabilitation - Facility Fee	Subject to deductible, then 10% coinsurance
Substance Use Detoxification or Rehabilitation - Professional Fee	Subject to deductible, then 10% coinsurance

### **URGENT CARE**

Care for an illness, injury, or condition serious enough that a person would seek immediate care, but not so severe as to require Emergency room care.

Urgent Care	\$45 copayment/Visit
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## EMERGENCY CARE

If you require emergency medical care, go to the nearest emergency room or call 911. You or a family member should notify your PCP within 48 hours of an emergency visit.

Care you receive in an emergency room, in or out of the Service Area	Subject to deductible, then 20% coinsurance
Ambulance Services (emergency transport only)	No charge after deductible
Emergency Dental Care (within 72 hours of accident or injury)	Subject to deductible, then 20% coinsurance

## PRESCRIPTION DRUGS (6-Tier)

<b>30-day Retail:</b> With a valid prescription and purchased at a participating pharmacy for up to a 30-day supply	Tier 1 - Low-Cost Generic: \$5 copayment/Prescription Tier 2 - Other generic and some brand name: \$15 copayment/Prescription Tier 3 - High costing generic and preferred brand name: \$30 copayment/Prescription Tier 4 - Higher cost generics and non-preferred brand name: \$50 copayment/Prescription Tier 5 - Generic specialty and preferred specialty: \$30 copayment/Prescription Tier 6 - Non-preferred Specialty: \$50 copayment/Prescription
<b>Access90</b> With a valid prescription for a 90-day supply of a maintenance medication and purchased through the mail or at a participating retail pharmacy	
<b>90-day Mail:</b>	Tier 1 - Low-Cost Generic: \$10 copayment/Prescription Tier 2 - Other generic and some brand name: \$30 copayment/Prescription Tier 3 - High costing generic and preferred brand name: \$60 copayment/Prescription Tier 4 - Higher cost generics and non-preferred brand name: \$150 copayment/Prescription
<b>90-day Retail:</b>	Tier 1 - Low-Cost Generic: \$15 copayment/Prescription Tier 2 - Other generic and some brand name: \$45 copayment/Prescription Tier 3 - High costing generic and preferred brand name: \$90 copayment/Prescription Tier 4 - Higher cost generics and non-preferred brand name: \$150 copayment/Prescription

Your plan does not include coverage for GLP-1 medications (e.g., Wegovy, Zepbound, Saxenda) that share an indication of obesity/weight management.

## OVER-THE-COUNTER DRUGS

For a complete list of over-the-counter drugs, visit [MassGeneralBrighamHealthPlan.org](http://MassGeneralBrighamHealthPlan.org) or call Customer Service at 866-414-5533 (TTY 711).

Select over-the-counter medicines and products with a valid prescription and purchased at a participating pharmacy.	\$0- \$30 copayment/Prescription (depending on drug prescribed)
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## ADDITIONAL SERVICES

Diabetic Supplies	No Member Cost-Sharing
Disposable Medical Supplies	No charge after deductible
Durable Medical Equipment	Subject to deductible, then 20% coinsurance
Early Intervention (from birth up to age three)	No Member Cost-Sharing
Fitness Program Reimbursement	Up to \$150/Individual, \$300/Family per calendar year (see <a href="https://www.massgeneralbrighamhealthplan.org">MassGeneralBrighamHealthPlan.org</a> for qualifications).
Hearing Aids (age 21 and under) (Covered up to \$2,000 for each affected ear every 36 months)	No Member Cost-Sharing
Home Health Care	No Member Cost-Sharing
Hospice Care	No Member Cost-Sharing
Medical Drugs (drugs that cannot be self-administered)	\$50 copayment/Visit
Oxygen Supplies and Therapy	No Member Cost-Sharing
Radiation Therapy and Chemotherapy	\$75 copayment/Visit
Weight Loss Program Benefit	Coverage for up to six months of membership fees per calendar year in a qualified weight-loss program for either a covered Subscriber or one covered Dependent (see <a href="https://www.massgeneralbrighamhealthplan.org">MassGeneralBrighamHealthPlan.org</a> for qualifications)
Wigs (when medically necessary for hair loss due to cancer treatment or other conditions)	Subject to deductible, then 20% coinsurance

## **ABOUT YOUR MASS GENERAL BRIGHAM HEALTH PLAN MEMBERSHIP**

For questions or concerns about your coverage, call Customer Service at 866-414-5533 (TTY 711). Representatives are available Monday through Friday, 8:00 a.m.–6:00 p.m. (Thursday 8:00 a.m.– 8:00 p.m.)

### **Benefit Period**

Your benefit period resets on your employer's anniversary date.

### **Copayments, Coinsurance, or Deductibles Required for Certain Services**

Before coverage begins for certain services, you pay a deductible each benefit period. Your Plan deductible is an amount you pay for certain services each benefit period. For some services, after the deductible is satisfied, members may be required to pay a copayment and/or coinsurance before coverage begins.

All members are responsible for the individual deductible per benefit period. Family member's deductible payments contribute toward the family deductible per benefit period. The family deductible can be satisfied by combining the deductibles paid for by covered family members. Each family member's contribution will not exceed the amount set for an individual deductible.

All medical and behavioral health, and prescription drug amounts paid apply toward the out-of-pocket maximum. Once the individual out-of-pocket maximum is satisfied, these services are covered for the member in full through the remainder of the benefit period. The family out-of-pocket maximum is satisfied by combining the copayments, coinsurance and deductible amounts paid by covered family members. Once the family out-of-pocket maximum is satisfied, these services are covered for all family members in full through the remainder of the benefit period.

### **Your Primary Care Provider (PCP)**

Your PCP arranges your health care and is the first person you call when you need medical care. Be sure to check with your PCP to find out office hours and whether urgent care is offered.

Mass General Brigham Health Plan requires the designation of a PCP. You have the right to designate a PCP who participates in our network and who is available to accept you or your family members. For children, you may designate a pediatrician as the PCP.

For information on how to select a PCP, or a list of the most up-to date provider information, or a list of participating health care professionals who specialize in obstetrics or gynecology, visit [MassGeneralBrighamHealthPlan.org](http://MassGeneralBrighamHealthPlan.org) or call Customer Service.

### **Preventive Care Services**

Mass General Brigham Health Plan covers eligible preventive services for adults, women (including pregnant women) and children, which includes coverage for annual physical exams, immunizations, well child visits and annual gynecological exams. For a complete list of eligible preventive care services, please visit [MassGeneralBrighamHealthPlan.org](http://MassGeneralBrighamHealthPlan.org) or call Customer Service.

### **Primary Care Provider (PCP) and Obstetrical Rights**

You do not need a referral from Mass General Brigham Health Plan or from any other person (including a PCP) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. However, the health care professional may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan.

### **Urgent Care**

If you need urgent care, call your PCP to arrange where you will receive treatment. Examples of conditions requiring urgent care include, but are not limited to, fever, sore throat or an earache.

### **Emergency Care**

In an emergency, go to the nearest emergency facility, or call 911. If you are admitted to the hospital for inpatient care, you will be responsible to pay Tier 1 member cost sharing. All follow-up care must be arranged by your PCP. If you receive follow-up care in a hospital setting, your member cost sharing will depend on the tier of the hospital that provides that care. Please refer to this Schedule of Benefits for your cost sharing amounts.

### **Referrals**

Mass General Brigham Health Plan requires referral for specialist services provided by in-network Providers, except the following: Gynecologist or Obstetrician for routine, preventive or urgent care; Family Planning services; Outpatient and Diversionary Behavioral Health Services; Physical Therapy; Occupational Therapy; Speech Therapy; Routine Eye exam; and Emergency Services.

## **Utilization Review Program**

The Utilization Review standards Mass General Brigham Health Plan uses were created to assure our members consistently receive high quality, appropriate medical care. To determine coverage, specific criteria are used to make Utilization Review decisions. These criteria are developed by physicians and meet the standards of national accreditation organizations. As new treatments and technologies become available, we update our Utilization Review standards annually.

To make utilization decisions the health plan conducts prospective, concurrent, and retrospective reviews of the health care services our members use.

### ***Initial Determination (Prospective Review or Prior Authorization)***

Determines in advance if a procedure or treatment either you or your doctor is requesting is both medically appropriate and medically necessary.

### ***Concurrent Review***

During the course of treatment, such as hospitalization, concurrent review monitors the progress of treatment and determines for how long it will be deemed medically necessary.

### ***Retrospective Review***

After care has been provided, we review treatment outcomes to ensure that the health care services provided to you met certain quality standards.

## **Care Management**

When members have a severe or chronic illness or condition, they may qualify for Care Management. Care managers work one-on-one with members and their providers to find the most appropriate and cost-effective ways to manage a condition. Together, a treatment plan that best meets the member's needs is developed with the goal of promoting patient education, self-care, and providing access to the right kinds of health care services and options.

To learn more about Utilization Review or Care Management at Mass General Brigham Health Plan, please refer to your Member Handbook or call Customer Service.

## **Benefit Exclusions**

Services or supplies that Mass General Brigham Health Plan does not cover include: Benefits from other sources; Diet foods; Educational testing and evaluations; Massage therapy; Out-of-network providers; Non-emergency care when traveling outside the U.S.

Additional benefit exclusions apply, for a complete list please refer to your plan's Benefit Handbook.

**MASSACHUSETTS REQUIREMENT TO PURCHASE HEALTH INSURANCE:**

As of January 1, 2009, the Massachusetts Health Care Reform Law requires that Massachusetts residents, eighteen (18) years of age and older, must have health coverage that meets the Minimum Creditable Coverage standards set by the Commonwealth Health Insurance Connector, unless waived from the health insurance requirement based on affordability or individual hardship. For more information call the Connector at 1-877-MA-ENROLL or visit the Connector website ([www.mahealthconnector.org](http://www.mahealthconnector.org)).

This health plan meets Minimum Creditable Coverage standards that are effective January 1, 2026 as part of the Massachusetts Health Care Reform Law. If you purchase this plan, you will satisfy the statutory requirement that you have health insurance meeting these standards.

This disclosure is for minimum creditable coverage standards that are effective January 1, 2026. Because these standards may change, review your health plan material each year to determine whether your plan meets the latest standards.

If you have questions about this notice, you may contact the Division of Insurance by calling 617-521-7794 or visiting its website at [mass.gov/doi](http://mass.gov/doi).





**This plan is underwritten by Mass General Brigham Health Plan, Inc.**