

# Weight Loss Program Benefit

Form & Instructions

## What is my weight loss program benefit?

Your weight loss benefit rewards you for losing weight the healthy way. If you qualify, you can be reimbursed for up to \$150 of your membership in a qualified weight-loss program. To see if your plan includes the benefit, check your Summary of Benefits and the list of qualified weight-loss programs at **Member.MassGeneralBrighamHealthPlan.org**.

You can only request your weight loss benefit one time per calendar year. You have until March 31 of the following year to submit your Weight Loss Program Benefit Form.

#### How do I request reimbursement for my weight loss benefit?

There are two ways to submit your request form:

#### Submit on our member portal

The most convenient ways to request your reimbursement are on our member portal or in the Mass General Brigham Health Plan Member app:

- · Complete your form online
- Get confirmation of your submission right away

Please allow 15-30 days for processing

# Submit by mail

Fill out the form on the back of this flyer, and mail it to:

Mass General Brigham Health Plan Attention: Claims/Fitness 399 Revolution Drive Suite 850 Somerville MA 02145

You will not get confirmation of your request. Please allow 30-45 days for processing.

You can also fax your request form to **617-526-1902**.

#### Please note:

- The weight loss program benefit does not cover food, nutritional supplements, or enrollment/registration fees.
- The deadline to request your weight-loss benefit for each calendar year is March 31 of the following year. You can only submit one request per calendar year.
- We reserve the right to randomly audit requests for eligibility. If you are chosen for audit, we will contact you
  and request additional documentation. The audit will take an additional 14 days to process upon receipt of
  complete documentation.

# Weight Loss Program Benefit

### **Coverage Request Form**

### **Subscriber Information**

LAST NAME	FIRST NAME	M.I.	
STREET ADDRESS	CITY	STATE	ZIP
TELEPHONE NUMBER	MEMBER ID# (located on the front of the Mass Genera	I Brigham Hea	Ith Plan ID card)
Weight Loss Program Information (Please check one.)			
☐ Jenny Craig ☐ WW ☐ Noom ☐ Other:			
Payment Information Calendar year reimbursement being requested:			
Check off months of membership in a qualified weight loss program			
☐ January ☐ February ☐ March ☐ April ☐ May ☐ June ☐ July ☐ August ☐ September ☐ October ☐ November ☐ December			
Weight loss program fee per month:			
Certification/Authorization			
The member must sign and date below. The weight loss program benefit is subject to approval by Mass General Brigham Health Plan.			
To the best of my knowledge and belief, my statements on this form are complete and true. I am claiming reimbursement for the coverage allowed as indicated in my Summary of Benefits.			
MASS GENERAL BRIGHAM HEALTH PL	AN MEMBER'S SIGNATURE	DATE	