

Get fit, lose weight, and enjoy the endorphin rush of getting reimbursed for it!



Our fitness and weight loss benefits help you feel good, live a healthy life, and make it easier to access the fitness facilities, programs/subscriptions and activities you enjoy.

Fitness reimbursement: Get up to \$300 per policy

If you belong to a qualified fitness facility or engage in a qualified fitness program/subscription or activity, we'll reimburse you up to \$300 — just to help you feel and be your best.

Weight loss reimbursement: Get up to six months free with Jenny Craig®, WW®, or Noom®.

Our weight loss benefit gives you a little extra motivation—and money—when you join Jenny Craig, WW, or Noom. We will reimburse you for up to six full months of membership fees for you or one of your enrolled dependents.*

Terms and conditions apply. You must be a member for three months or longer to qualify for reimbursement. The deadline to request reimbursement for each calendar year is March 31 of the following year.

How can I learn more?

More info is available on our website under Member forms & resources.

**The weight loss benefit does not cover food, nutritional supplements, or enrollment/registration fees.*

What qualifies for a fitness reimbursement?

- Health clubs/gyms
- SplitFit
- Virtual fitness subscriptions
- ClassPass memberships
- Pilates
- Yoga
- Zumba®
- Aerobics
- Peloton Subscription
- Mirror Subscription
- Beachbody On Demand
- and more

How do I get reimbursed?

The quickest way to submit your request is through the member portal at **Member.MGBHP.org** or in the Health Plan app.

MGBHP.org