

# Fitness Benefit Coverage

Form & Instructions

#### How can I get more information about my fitness benefit?

Get details about your fitness benefit and check your eligibility in your plan's Schedule of Benefits. You can access your plan information and view finalized claims at any time on our member portal at **Member.MassGeneralBrighamHealthPlan.org**.

### How do I request reimbursement for my fitness benefit?

There are two ways to submit your request form:

#### Submit on our member portal

The most convenient ways to request your reimbursement are on our member portal or in the Mass General Brigham Health Plan Member app:

- · Complete your form online
- Get confirmation of your submission right away

Please allow 15-30 days for processing

### Submit by mail

Complete the form on the back of this flyer, and mail it to:

## Mass General Brigham Health Plan

Attention: Claims/Fitness 399 Revolution Drive Suite 810 Somerville MA 02145

You will not get confirmation of your request. Please allow 30-45 days for processing.

You can also fax your request form to **617-526-1902**.

#### Please note:

You must be a Mass General Brigham Health Plan member and enrolled in a plan with a fitness benefit during the period for which you are requesting reimbursement. You must be covered by Mass General Brigham Health Plan for at least three months to be eligible for your fitness benefit.

The deadline to request your fitness benefit for each calendar year is March 31 of the following year. You can only submit one request per calendar year.

Qualifying fitness facilities, programs or activities include, but are not limited to, those that offer cardiovascular, strength-training equipment, aerobic, SplitFit, ClassPass memberships, Pilates, Yoga, Zumba, CrossFit, Barre fitness activities, virtual fitness subscriptions and more. Visit our member portal to see examples of qualifying fitness facilities, programs and activities.

Mass General Brigham Health Plan reserves the right to audit requests for eligibility. If you are chosen for audit, we will contact you and request additional documentation. The audit will take an additional 14 days to process upon receipt of complete documentation.

# Mass General Brigham Health Plan Fitness Benefit Coverage Request Form

**Subscriber Information** (The subscriber is the primary insurance policyholder.)

LAST NAME	FIRST NAME		M.I.	
STREET ADDRESS	CITY		STATE	ZIP
TELEPHONE NUMBER	MEMBER ID# (located on t	he front of the Mass (	General Brigham Hea	th Plan ID card)
Fitness Facility, Program/Subscription or Activity Information				
NAME OF FACILITY/PROGRAM/SUBSCRIPTION (	DR ACTIVITY	CITY	STATE	
Website address of virtual fitness subscriptions:				
Payment Information				
What kind of membership do you have? ☐ Family ☐ Individual				
Calendar year reimbursement being requested:				
Check off months of participation in a qualified fitness facility, program/subscription or activity:				
☐ January ☐ February ☐ March ☐ April ☐ May ☐ June ☐ July ☐ August ☐ September ☐ October ☐ November ☐ December				
Total amount paid for months checked off above:				
Do you pay monthly, annually or per session?				
Certification/Authorization The subscriber must sign and date below. The fitness benefit is subject to approval. Mass General Brigham Health Plan reserves the right to request additional information. Please note: check will be made payable to the subscriber.				
Reimbursement requested for:   subscriber covered dependent*				
*Please print the full name of the covered dependent requesting reimbursement (if other than the subscriber).				
To the best of my knowledge and belief, my statements in the Mass General Brigham Health Plan Fitness Benefit Coverage Request Form are complete and true. I am claiming the coverage amount as indicated in my Schedule of Benefits.				
MASS GENERAL BRIGHAM HEALTH PLAN	SUBSCRIBER'S SIGNATU	JRE	DATE	