

Schedule of Benefits

Select HMO \$0

IMPORTANT NOTICE: This plan includes a limited provider network called Select HMO. This plan provides access to a network that is smaller than Mass General Brigham Health Plan's full commercial HMO provider network. In this plan, members have access to network benefits only from the providers in the Select HMO network. Please consult the Select HMO provider directory or visit the provider search tool at MassGeneralBrighamHealthPlan.org to determine which providers are included in the Select HMO network.



This health plan meets Minimum Creditable Coverage standards and will satisfy the individual mandate that you have health insurance. Please see the last page for additional information.

Schedule of Benefits

This Schedule of Benefits is a general description of your coverage as a member of Mass General Brigham Health Plan. For more information about your benefits, log into Member.MassGeneralBrighamHealthPlan.org to see your plan documents and get personalized information about your plan or call Customer Service at 866-414-5533 (TTY 711).

All covered services must be medically necessary and some may require prior authorization. Please check with your PCP or treating provider to determine if a prior authorization is necessary. Your Member Handbook may include additional coverage and/or exclusions not listed on the Schedule of Benefits.

DEDUCTIBLE AND OUT-OF-POCKET MAXIMUM

| | |
|--|--|
| Deductible per benefit period | Medical/Dental/Behavioral Health (Combined): None Prescription Drug: None |
| Out-of-Pocket Maximum per benefit period | Medical/Dental/Behavioral Health (Combined): None Prescription Drug: None |

The Deductible, Coinsurance and Copayments for Medical, Dental, Behavioral Health, and Prescription Drugs apply to the annual Out-of-Pocket Maximum. This Schedule of Benefits and the Member Handbook comprise the Evidence of Coverage for members covered on this health plan.

OUTPATIENT MEDICAL CARE

Preventive Services

| | |
|---|------------------------|
| Annual Physical Exams ¹ | No Member Cost-Sharing |
| Annual Gynecological Exams ¹ | No Member Cost-Sharing |
| Family Planning Services | No Member Cost-Sharing |
| Immunizations & Vaccinations | No Member Cost-Sharing |
| Preventive Laboratory Tests | No Member Cost-Sharing |
| Screening Colonoscopy | No Member Cost-Sharing |
| Screening Mammography | No Member Cost-Sharing |
| Well Child Visits | No Member Cost-Sharing |

¹Services for specific conditions during an annual exam may be subject to cost sharing.

Other Primary & Specialty Care Office Visits

| | |
|--|------------------------|
| Office Visits for Other Primary Care | No Member Cost-Sharing |
| Telemedicine (Virtual Visits) - PCP | No Member Cost-Sharing |
| Telemedicine (Virtual Visits) - On Demand | No Member Cost-Sharing |
| Office Visits for Other Specialty Care | No Member Cost-Sharing |
| Telemedicine (Virtual Visits) - Specialist | No Member Cost-Sharing |
| Allergy Shots | No Member Cost-Sharing |
| Cardiac Rehabilitation Service | No Member Cost-Sharing |
| Chiropractic Care | No Member Cost-Sharing |
| Routine Adult Eye Exam (1 visit(s) per member age 19 and over, every 12 months) | No Member Cost-Sharing |
| Routine Foot Care (covered for diabetes and some circulatory diseases) | No Member Cost-Sharing |
| Hearing Exams | No Member Cost-Sharing |
| Infertility Services | No Member Cost-Sharing |
| Physical Therapy/Occupational Therapy (Covered up to 60 combined visits for rehabilitation and habilitation each per benefit period) ² | No Member Cost-Sharing |
| Speech Therapy | No Member Cost-Sharing |
| Routine Prenatal and Postnatal Care | No Member Cost-Sharing |

²No benefit limit when covered services are furnished to treat autism spectrum disorders.

Other Outpatient Services

| | |
|--|------------------------|
| Diagnostic, Imaging and X-ray | No Member Cost-Sharing |
| Laboratory | No Member Cost-Sharing |
| High-tech Radiology (MRI, CT, PET Scan, Nuclear Cardiac Imaging) | No Member Cost-Sharing |
| Outpatient Surgery—Facility Fee | No Member Cost-Sharing |
| Outpatient Surgery—Professional Fee | No Member Cost-Sharing |

INPATIENT MEDICAL CARE

| | |
|--|------------------------|
| Inpatient Medical Services (including Maternity) - Facility Fee | No Member Cost-Sharing |
| Inpatient Medical Services - Professional Fee | No Member Cost-Sharing |
| Inpatient Care in a Skilled Nursing Facility - Facility Fee (Covered up to 100 days per benefit period) | No Member Cost-Sharing |
| Inpatient Care in a Skilled Nursing Facility - Professional Fee | No Member Cost-Sharing |
| Inpatient Care in a Rehabilitation Facility - Facility Fee (Covered up to 60 days per benefit period) | No Member Cost-Sharing |
| Inpatient Care in a Rehabilitation Facility - Professional Fee | No Member Cost-Sharing |
| Routine Nursery and Newborn Care | No Member Cost-Sharing |

BEHAVIORAL HEALTH - OUTPATIENT

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|--|------------------------|
| Mental Health Care or Substance Use Care | No Member Cost-Sharing |
| Telemedicine (Virtual Visits) - Mental Health Care or Substance Use Care | No Member Cost-Sharing |

BEHAVIORAL HEALTH - INPATIENT

| | |
|---|------------------------|
| Mental Health Care - Facility Fee | No Member Cost-Sharing |
| Mental Health Care - Professional Fee | No Member Cost-Sharing |
| Substance Use Detoxification or Rehabilitation - Facility Fee | No Member Cost-Sharing |
| Substance Use Detoxification or Rehabilitation - Professional Fee | No Member Cost-Sharing |

URGENT CARE

Care for an illness, injury, or condition serious enough that a person would seek immediate care, but not so severe as to require Emergency room care.

| | |
|-------------|------------------------|
| Urgent Care | No Member Cost-Sharing |
|-------------|------------------------|

EMERGENCY CARE

If you require emergency medical care, go to the nearest emergency room or call 911. You or a family member should notify your PCP within 48 hours of an emergency visit.

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|---|------------------------|
| Care you receive in an emergency room, in or out of Mass General Brigham Health Plan Service Area | No Member Cost-Sharing |
| Ambulance Services (emergency transport only) | No Member Cost-Sharing |
| Emergency Dental Care (within 72 hours of accident or injury) | No Member Cost-Sharing |

PEDIATRIC DENTAL and VISION CARE BENEFITS³

Dental

| | |
|---|------------------------|
| Preventive and Diagnostic (oral exams, X-rays, cleanings) | No Member Cost-Sharing |
| Basic Restorative (fillings, root canal, treatment) | No Member Cost-Sharing |
| Major Restorative (dentures, crowns) | No Member Cost-Sharing |
| Orthodontic Services (medically necessary) | No Member Cost-Sharing |

Vision

| | |
|---|------------------------|
| Routine Eye Exams (1 every 12 months) | No Member Cost-Sharing |
| Frames and Lenses (provider designated frames and lenses) | No Member Cost-Sharing |

³This policy does include coverage of pediatric dental and vision services for children up to age 19 as required under the Federal Patient Protection and Affordable Care Act. Please see the sections later in this Schedule of Benefits for additional coverage information.

PRESCRIPTION DRUGS (6-Tier)

| | |
|---|--|
| With a valid prescription and purchased at a participating pharmacy for up to a 30-day supply | <p>Tier 1 - Low-Cost Generic: No Member Cost-Sharing</p> <p>Tier 2 - Other generic and some brand name: No Member Cost-Sharing</p> <p>Tier 3 - High costing generic and preferred brand name: No Member Cost-Sharing</p> <p>Tier 4 - Higher cost generics and non-preferred brand name: No Member Cost-Sharing</p> <p>Tier 5 - Generic specialty and preferred specialty: No Member Cost-Sharing</p> <p>Tier 6 - Non-preferred Specialty: No Member Cost-Sharing</p> |
| Access90: With a valid prescription for a 90-day supply of a maintenance medication and purchased through the mail or at a participating pharmacy | <p>Tier 1 - Low-Cost Generic: No Member Cost-Sharing</p> <p>Tier 2 - Other generic and some brand name: No Member Cost-Sharing</p> <p>Tier 3 - High costing generic and preferred brand name: No Member Cost-Sharing</p> <p>Tier 4 - Higher cost generics and non-preferred brand name: No Member Cost-Sharing</p> |

OVER-THE-COUNTER DRUGS

For a complete list of over-the-counter drugs, visit MassGeneralBrighamHealthPlan.org or call Customer Service at 866-414-5533 (TTY 711).

| | |
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| Select over-the-counter medicines and products with a valid prescription and purchased at a participating pharmacy. | \$0- No Member Cost-Sharing (depending on drug prescribed) |
|---|--|

ADDITIONAL SERVICES

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|--|--|
| Diabetic Supplies | No Member Cost-Sharing |
| Disposable Medical Supplies | No Member Cost-Sharing |
| Durable Medical Equipment | No Member Cost-Sharing |
| Early Intervention (from birth up to age three) | No Member Cost-Sharing |
| Fitness Program Reimbursement | Up to \$150/Individual, \$300/Family per calendar year (see MassGeneralBrighamHealthPlan.org for qualifications) |
| Hearing Aids (age 21 and under) (Covered up to \$2,000 for each affected ear every 36 months) | No Member Cost-Sharing |
| Home Health Care | No Member Cost-Sharing |
| Hospice Care | No Member Cost-Sharing |
| Oxygen Supplies and Therapy | No Member Cost-Sharing |
| Weight Loss Program Benefit | Coverage for up to six months of membership fees per calendar year in a qualified weight-loss program for either a covered Subscriber or one covered Dependent (see MassGeneralBrighamHealthPlan.org for qualifications) |
| Wigs (when medically necessary for hair loss due to cancer treatment or other conditions) | No Member Cost-Sharing |

ABOUT YOUR MASS GENERAL BRIGHAM HEALTH PLAN MEMBERSHIP

For questions or concerns about your coverage, call Customer Service at 866-414-5533 (TTY 711). Representatives are available Monday through Friday, 8:00 a.m.–6:00 p.m. (Thursday 8:00 a.m.– 8:00 p.m.)

Benefit Period

If you have non-group coverage, your benefit period resets on January 1. If you are enrolled through employer sponsored group coverage, your benefit period resets on your employer's anniversary date.

Copayments or Coinsurance Required for Certain Services

All medical, dental, behavioral health and prescription drug copayments and coinsurance amounts paid apply toward the out-of-pocket maximum. Once the individual out-of-pocket maximum is satisfied, these services are covered for the member in full through the remainder of the benefit period. The family out-of-pocket maximum is satisfied by combining the coinsurance and copayment amounts paid by covered family members. Once the family out-of-pocket maximum is satisfied, these services are covered for all family members in full through the remainder of the benefit period.

Preventive Care Services

Mass General Brigham Health Plan covers eligible preventive services for adults, women (including pregnant women) and children, which includes coverage for annual physical exams, immunizations, well child visits and annual gynecological exams. For a complete list of eligible preventive care services, please visit MassGeneralBrighamHealthPlan.org or call Customer Service.

Primary Care Provider (PCP) and Obstetrical Rights

You do not need prior authorization from Mass General Brigham Health Plan or from any other person (including a PCP) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. However, the health care professional may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals.

Urgent Care

If you need urgent care, call your PCP to arrange where you will receive treatment. Examples of conditions requiring urgent care include, but are not limited to, fever, sore throat or an earache.

Emergency Care

In an emergency, go to the nearest emergency facility, or call 911. Please refer to this Schedule of Benefits for your cost sharing amount. All follow-up care must be arranged by your PCP.

Referrals

Mass General Brigham Health Plan requires referral for specialist services provided by in-network Providers, except the following: Gynecologist or Obstetrician for routine, preventive or urgent care; Family Planning services; Outpatient and Diversionary Behavioral Health Services; Physical Therapy; Occupational Therapy; Speech Therapy; Routine Eye exam; and Emergency Services.

Utilization Review Program

The Utilization Review standards Mass General Brigham Health Plan uses were created to assure our members consistently receive high quality, appropriate medical care. To determine coverage, specific criteria are used to make Utilization Review decisions. These criteria are developed by physicians and meet the standards of national accreditation organizations. As new treatments and technologies become available, we update our Utilization Review standards annually.

To make utilization decisions the health plan conducts prospective, concurrent, and retrospective reviews of the health care services our members use.

Initial Determination (Prospective Review or Prior Authorization)

Determines in advance if a procedure or treatment either you or your doctor is requesting is both medically appropriate and medically necessary.

Concurrent Review

During the course of treatment, such as hospitalization, concurrent review monitors the progress of treatment and determines for how long it will be deemed medically necessary.

Retrospective Review

After care has been provided, we review treatment outcomes to ensure that the health care services provided to you met certain quality standards.

Care Management

When members have a severe or chronic illness or condition, they may qualify for Care Management. Care managers work one-on-one with members and their providers to find the most appropriate and cost-effective ways to manage a condition. Together, a treatment plan that best meets the member's needs is developed with the goal of promoting patient education, self-care, and providing access to the right kinds of health care services and options.

To learn more about Utilization Review or Care Management at Mass General Brigham Health Plan, please refer to your Member Handbook or call Customer Service.

Benefit Exclusions

Services or supplies that Mass General Brigham Health Plan does not cover include: Acupuncture; Benefits from other sources; Diet foods; Educational testing and evaluations; Massage therapy; Out-of-network providers; Non-emergency care when traveling outside the U.S.

Additional benefit exclusions apply, for a complete list please refer to your plan's Benefit Handbook.

Pediatric Dental Care Benefits

Members up to age 19 (through the end of the month the member turns 19 years of age) are eligible for the coverage below, when provided by an in-network Dental Provider. You must always verify the participation status of a Dental Provider prior to seeking services.

How to find a Dental Care Provider:

To find a participating provider, go to MassGeneralBrighamHealthPlan.org or call Delta Dental Customer Services at 855-264-7898 (TTY 711).

| Preventive and Diagnostic (oral exams, X-rays, cleanings) | |
|---|------------------------|
| Topical fluoride treatment (1 per 90 days) | No Member Cost-Sharing |
| Periodic oral exams (2 per benefit period) | No Member Cost-Sharing |
| Routine cleanings (2 per benefit period) | No Member Cost-Sharing |
| Bitewing x-rays (2 per benefit period) | No Member Cost-Sharing |
| Panoramic x-rays (1 every 3 years) | No Member Cost-Sharing |
| Sealants (1 every 3 years) | No Member Cost-Sharing |
| Space maintainers | No Member Cost-Sharing |
| Basic Restorative (fillings, root canal treatment) | |
| Fillings (1 per 12 months) | No Member Cost-Sharing |
| Simple tooth extractions (1 per tooth) | No Member Cost-Sharing |
| Surgical extractions | No Member Cost-Sharing |
| General Anesthesia or Minor treatment for pain relief | No Member Cost-Sharing |
| Root canals (1 per permanent tooth) | No Member Cost-Sharing |
| Periodontal services (limits vary) | No Member Cost-Sharing |
| Endodontic services (limits vary) | No Member Cost-Sharing |
| Repair of crowns (limits vary) | No Member Cost-Sharing |
| Palliative treatment of dental pain (limits vary) | No Member Cost-Sharing |
| Adjustment of dentures (limits vary) | No Member Cost-Sharing |
| Major Restorative (dentures, crowns) | |
| Dentures (1 per 84 months) | No Member Cost-Sharing |
| Crowns (1 per 60 months) | No Member Cost-Sharing |
| Orthodontic Services - All Orthodontic Treatment Requires Preauthorization | |
| Only medically necessary orthodontic treatment is covered | No Member Cost-Sharing |

Pediatric Vision Care Benefits

Members up to age 19 (through the end of the month the member turns 19 years of age) are eligible for the coverage below, when provided by an in-network vision provider.

How to find a Vision Care Provider:

To find a participating provider, go to MassGeneralBrighamHealthPlan.org or call EyeMed Customer Services at 844-201-3993 (TTY 711).

| Frequency | |
|--|---|
| Examinations | Once every 12 months |
| Frames | Once every 12 months |
| Lenses or Contact Lenses | Once every 12 months |
| Exams | |
| Routine Eye Exam, with dilation as necessary | No Member Cost-Sharing |
| Frames | |
| Collection (provider designated frames) | No Member Cost-Sharing |
| Lenses | |
| <i>Standard Plastic Lenses</i> | |
| Single Vision | No Member Cost-Sharing |
| Conventional (Lined) Bifocal | No Member Cost-Sharing |
| Conventional (Lined) Trifocal | No Member Cost-Sharing |
| Lenticular | No Member Cost-Sharing |
| Standard Progressive Lens | No Member Cost-Sharing |
| <i>Additional Lens Options</i> | |
| UV Treatment | No Member Cost-Sharing |
| Tint (Solid and Gradient) | No Member Cost-Sharing |
| Standard Plastic Scratch Coating | No Member Cost-Sharing |
| Photochromatic/ Transitions Lens | No Member Cost-Sharing |
| Contact Lenses | |
| Contact lenses (provider designated lenses) | No Member Cost-Sharing |
| Extended Wear Disposables | Up to 6-month supply of monthly or 2-week disposable, single vision spherical or toric contact lenses |
| Daily Wear/ Disposables | Up to 3-month supply of daily disposable, single vision spherical contact lenses |
| Conventional | 1 pair from selection of provider designated contact lenses |

MASSACHUSETTS REQUIREMENT TO PURCHASE HEALTH INSURANCE:

As of January 1, 2009, the Massachusetts Health Care Reform Law requires that Massachusetts residents, eighteen (18) years of age and older, must have health coverage that meets the Minimum Creditable Coverage standards set by the Commonwealth Health Insurance Connector, unless waived from the health insurance requirement based on affordability or individual hardship. For more information call the Connector at 1-877-MA-ENROLL or visit the Connector website (www.mahealthconnector.org).

This health plan meets Minimum Creditable Coverage standards that are effective January 1, 2024 as part of the Massachusetts Health Care Reform Law. If you purchase this plan, you will satisfy the statutory requirement that you have health insurance meeting these standards.

This disclosure is for minimum creditable coverage standards that are effective January 1, 2024. Because these standards may change, review your health plan material each year to determine whether your plan meets the latest standards.

If you have questions about this notice, you may contact the Division of Insurance by calling 617-521-7794 or visiting its website at mass.gov/doi.



This plan is underwritten by Mass General Brigham Health Plan, Inc.